



The Sam Wetherill Trophy Race

Essex Yacht Club

Saturday, August 8, 2020

Sailing Instructions

1. RULES

- a. This event will be governed by the Racing Rules of Sailing (RRS) and the Sailing Instructions.
- b. Racing Rule 52 is changed as follows. The use of self-steering equipment and power winches are permitted.
- c. This is a shorthanded race. No more than 3 persons shall be aboard.
- d. The Race Committee (RC) will monitor and broadcast on VHF Ch. 69 throughout the race. Radio communications are for safety, convenience and courtesy only.

2. NOTICE TO COMPETITORS

- a. Notice to competitors will be posted on the on the event website. The website address is <https://www.yachtscoring.com/emenu.cfm?eID=11830>

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change to the sailing instructions will be posted to the event website by 1200 on the day of the race.
- b. Changes to the sailing instructions will be broadcast on VHF Ch. 69, 10 minutes prior to the first warning signal.

4. SIGNALS MADE ASHORE

- a. A postponement or abandonment ashore will be signaled on the Signal Boat at the Essex Yacht Club with announcements on VHF Ch. 69. by 1700 August 8, 2020. The Race Committee shall attempt to contact all competitors by phone (if a number is provided) but is not responsible if unable to make contact.

5. CLASSES AND SCHEDULE OF RACES

- a. The fleet will consist of 1 Non-Spinnaker class.
- b. Class flag will be Code Flag #1.

6. STARTING AREA

- a. The Starting Area will be located approximately ¼ mile west of Old Saybrook Breakwater light at the mouth of the Connecticut River
- b. Competitors shall check in with the Signal Boat once it is on station by passing on the side opposite the starting line from bow to stern and hailing your boat name and sail number

7. COURSES

- a. The Race Committee shall signal the course to be sailed by displaying either code flag "A" or "B" on the Signal Boat.
- b. Course A: From the Start around Block Island, clockwise leaving Bell 1BI to starboard, thence to the Finish.
- c. Course B: From the Start around government mark GR "BIS" (approximately 7 miles NE of Montauk Light) to port and thence to the Finish.
- d. Yachts shall not pass on the north side of Bell "8" off the Connecticut River on any leg of the course.

8. THE START

- a. The Starting Line will be between an Orange flag on the Signal Boat and an inflatable mark.
- b. The Race Committee will attempt to identify early starters by sail number or boat name on VHF Ch. 69.

9. THE FINISH

- a. The Signal Boat shall be stationed approximately 1/8 mile west of the Old Saybrook Breakwater light. The Finish Line will be between the orange flag on the Signal Boat and the Old Saybrook Breakwater outer light.
- b. Competitors shall advise the Race Committee by telephone of their estimated finish time upon entering Long Island Sound on the last leg of the course. The cellular telephone number to contact the Race Committee by voice or text message are 860.510.1528.
- c. If the Signal Boat is not on station competitors shall record their own GPS finish time when the Old Saybrook Breakwater outer light tower bears 090°M. Finish times shall be reported to the Race Committee by telephone call or text message as soon as possible after finishing.
- d. There is no time limit to finish.
- e. A boat retiring from the race **shall** report their retirement to the Race Committee by telephone call or text message at the first practical opportunity.

10. PROTESTS

- a. A boat initiating a protest shall inform the Race Committee as they finish, stating the boat name and sail number they are protesting. In the event the Race Committee is not on station, competitors shall call the number listed in 9 (b.)
- b. Protests must be filed with the Race Committee no later than 1700, August 9, 2020.

11. SCORING

- a. Boats will be scored using the "Time on Time" system.
- b. The Awards Ceremony will commence at 1800 on the North Lawn at the Essex Yacht Club on Sunday, August 9, 2020. All COVID-19 requirements will be strictly enforced.

12. RESPONSIBILITY

- a. The Essex Yacht Club strongly recommends entrants comply with the *US Safety Equipment Requirements for Coastal Races* available from the US Sailing Association and posted on the event website.
- b. The Skipper/Owner has the sole responsibility for the safety of his/her crew and boat. Weather and sea conditions must be evaluated by each Skipper and his/her crew, and each participant is responsible for determining whether it is safe to participate.
- c. The Essex Yacht Club and their respective Race Committees, Officers, Employees and event related Volunteers, are in no way responsible for accidents, damage, or injury to property or to boats, crew, or guests arising from any cause during or related to any race or activities associated with the race, and by participating in the race the Skipper/Owner agrees to indemnify and hold harmless each of them from any liability, claim or expense including attorney's fees against any or all of them.

13. ASSUMPTION OF RISK AND RELEASE REGARDING COVID 19.

- a. The novel corona virus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state agencies recommend social distancing and have, in many locations, prohibited the congregation of people. The Essex Yacht Club ("EYC") has put in place preventive measures to reduce the spread of COVID-19; however, EYC cannot guarantee that you will not become infected with COVID-19. Further, attending EYC could increase your risk of contracting COVID-19. By participating in this regatta, you acknowledge the contagious nature of COVID-19 and voluntarily accept the risk that you may be exposed to or infected by COVID-19 by attending this event and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at EYC may result from the actions, omissions, or negligence of yourself and others, including, but not limited to, EYC employees, volunteers, and program participants and their families.